



From Southside parents

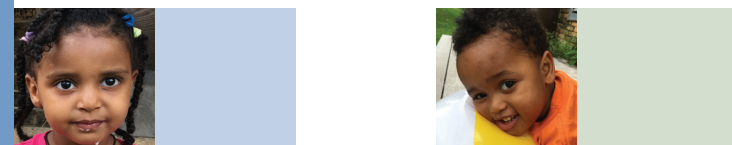
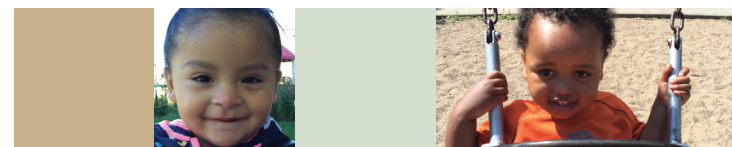
"I loved spending time with my kids and working as a team."

"... I was struggling, and when I came here and saw the other parents that were like me, I felt good and thought less about being a bad parent."

"My daughter is getting her own identity. She is opening up more."

"Our family is learning new techniques on how to play with children, how to be a better parent, and to plan activities at home that are age appropriate for each child."

Peace to all who enter here



Our services

Our staff members partner with families through the challenges they face. We offer a multitude of services meant to educate and support both parents and children, including:

- Parent education groups
- Advocacy
- Crisis intervention and support
- Half-day early childhood classrooms for toddlers and preschoolers
- Speech and occupational therapy, play therapy, and music therapy
- Weekly intensive home visits
- Family Days and Nights
- Adult mental health support services

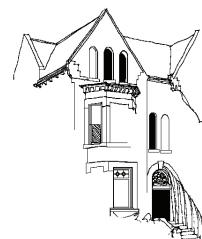
Southside Family Nurturing Center

For more information
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Visit our website at www.ssfnc.org

Southside Family Nurturing Center
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We are located one block west of Cedar Avenue and four blocks south of Franklin Avenue, at the corner of 25th Street and 18th Ave.



Southside Family Nurturing Center

**EARLY CHILDHOOD EDUCATION
AND FAMILY SERVICES**

Our mission

Together with families and community, we nurture children, build on family strengths, and find alternatives to violence.



A place for children

Our beautifully restored century-old building provides a safe and inviting environment for children to learn, explore, create and grow. Our classrooms focus on providing a strong academic foundation, with an emphasis on building self-esteem as well as social and emotional development. All enrolled families receive weekly intensive home visits that focus on parent education, modeling positive parent-child interactions, case management, and crisis intervention.

A safe haven

Since 1974, Southside Family Nurturing Center has been serving families who live in the Phillips Community and surrounding neighborhoods in South Minneapolis. We pioneered a holistic approach to working with families based on this belief:

When families receive the support and care they need and deserve, child abuse and neglect can be treatable and preventable.

We understand the importance of building trusting relationships and investing in the goals and strengths of each family member. We support parents in their efforts to stabilize and enhance their family's health and well-being.

The strength of communities

A diversity of cultures, ethnicities, life experience and belief systems contribute to Southside's community of learning and growth. We seek to reflect and serve our diverse community including Native American, Latino, African, African American, and caucasian families. Most participating families live at or below federal poverty guidelines and often face additional struggles, such as unstable or unsafe housing, isolation, mental health issues, domestic violence, and/or chemical dependency.



Building a future

Our Family Day and Family Night events include parent-child activities, a family meal, parent education and support groups, and field trips into the community. To eliminate barriers, transportation is provided to and from events. Staff refer families to additional resources for children's services and basic needs, including healthcare, food, clothing, housing and employment assistance.